Easy Read Edition

Proud and Supported: Definitions and Beyond

Part 11: Being different
Words to Know in Part 11
Discrimination

When someone treats you badly based on who you are.
Being different

It’s hard to be different sometimes.

People can be mean and discriminate.

You might be nervous to be who you are.

It’s okay to be nervous!
Find people who

• Support you.

• Respect you.

• Want you to be yourself.

Remember to always take care of yourself.

You can learn more about ways to take care of yourself in What are my Rights?
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