Easy Read Edition

Proud and Supported: Rights and Respect

Part 1: To Start
To Start

Everyone deserves to be treated well.

Everyone deserves to be treated with respect.

You deserve to be treated well!

You deserve to be treated with respect!

LGBTQ+ people deserve to be treated with respect, just like everyone else!
If you are LGBTQ+, you deserve to be treated with respect!

It can be hard when someone doesn’t respect you.

This guide will help you figure out what to do if that happens.
This guide will answer questions like:

- What are my rights?
- What are my legal rights?
- Why is fighting for rights important?
- What court cases protect my rights?
- What does it look like when a support worker respects me?
• What does it look like when a support worker doesn’t respect me?

• What can I do if my support worker isn’t respecting me?

• How can I take care of myself?
This guide will talk about some things that can be upsetting.

It will talk about abuse and violence.

We talk about abuse and violence in the sections “What does it look like when you aren’t respected?” and “If someone isn’t respecting you, you could do a few things.”

It is okay to take a break if you need to.

It is okay to skip these sections if you need to.
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